

CORONAVIRUS AWARENESS

ASSESSMENT GUIDE

Manager Instructions

Use this guide to mark the Coronavirus Knowledge Test

Multiple choice questions have the correct answer indicated.

Questions that ask for an explanation have suggested answers as guidance for you.

There are 20 questions in total; learners should get at least 17 questions correct to pass this subject.

Coronavirus Knowledge Test

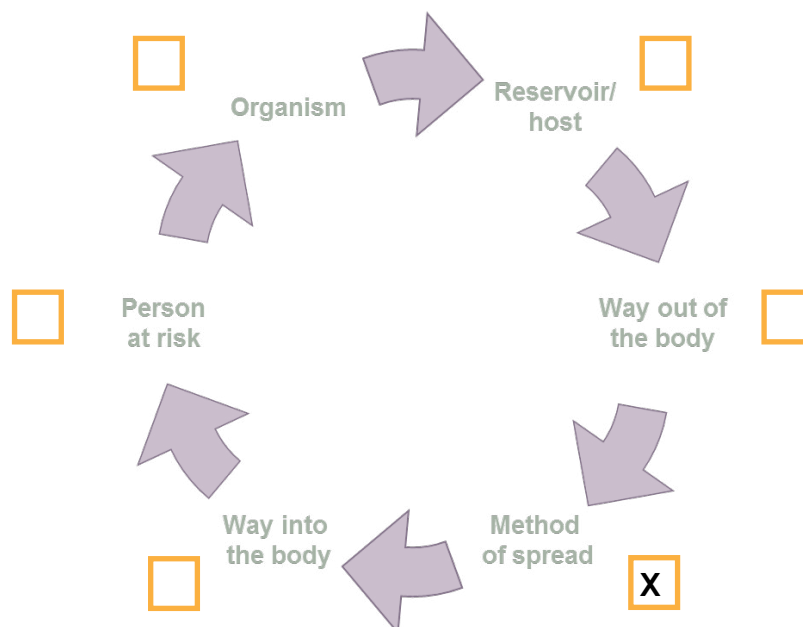
1. As an employee you have a duty to inform your employer if you are suffering with diarrhoea and/or vomiting. Under what other circumstances would you need to contact your employer? (please tick all correct answers below):

- When a restaurant you have been to recently has just received a poor food hygiene rating
- When someone you live with experiences diarrhoea and/or vomiting
- When you've heard about a local grocery supplier who has had an infection outbreak within their store
- When a resident complains about the standard of food on offer at lunch time

2. The chain of infection has 6 stages. Please tick the correct list of stages below:

- Organism, host, way out of the body, method of spreading, way into the body, person at risk
- Time, moisture, warmth, food, binary fission, temperature
- Hibernation, acceleration, sneezing, coughing, vomiting, high temperature

3. Which 'link' in the chain of infection is easiest to remove? Please tick the correct answer:



4. Which legislation requires employers to provide suitable personal protective equipment to help reduce the risk of an infection outbreak?

Health and Safety at Work Act 1974

		
	yes	no
Gloves	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Aprons	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Reading glasses	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Sandals	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Acrylic nails	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Handbag	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Mask	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Hard hat	<input checked="" type="checkbox"/>	<input type="checkbox"/>
High-vis vest	<input checked="" type="checkbox"/>	<input type="checkbox"/>

6. How long should effective handwashing take?

- 5 minutes
- 10 seconds
- 40 – 60 seconds

7. Write the correct letter in each box to match up which area is least to most commonly missed when hand washing using the diagram key:



C

Least frequently missed

B

Frequently missed

A

Most frequently missed



A



B



C

8. How many stages are there to effective hand washing?

3

11

5

9. When drying your hands which of the following drying methods is most hygienic:

Letting your hands 'drip dry'

Using a tea towel


Using paper/single use towels

Using a hand dryer

10. Please list five examples of when you would wash your hands:

- 1 Before/after going to the toilet
- 2 Before/after delivering care
- 3 Before/after food preparation
- 4 Before/after eating food
- 5 Before/after delivering personal care

11. Please select the correct personal hygiene rules that should be followed to reduce the risk of an infection outbreak:

 
 yes no

Short finger nails	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Nail polish	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Cuts covered with plasters	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Long hair tied back	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Acrylic nails	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Workwear to be regularly cleaned	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Correct handwashing technique to be used	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Communal nail brush	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Dry hands with tea towel	<input type="checkbox"/>	<input checked="" type="checkbox"/>

12. You notice a spillage on the floor at work, which three corrective measures could you take. Tick the three correct answers:

- Report the spillage immediately
- Report the spillage at the end of your shift
- Assume that someone else has already reported it
- Clean up the spillage if safe to do so
- Put a wet floor sign next to the spillage
- Walk around the spillage and continue your work

13. What risks are associated with sharps (e.g. needles)

Needle stick injuries, blood-borne infections, bacterial infections.

14. What actions would you take if you had a needle stick injury?

Squeeze the affected area to encourage bleeding, rinse the area under running water, apply a dressing, report the incident to your supervisor, fill in the accident form, go to hospital.

15. Using the table provided please add the relevant details that should be considered:

Workplace activity/ equipment	Things to consider
Used laundry	Should always be kept in laundry bags or baskets and not loose on the floor
Handling used laundry	Always wear gloves and aprons and carry out hand hygiene principles
Clean linen storage	Should be stored in a dry area, away from floor level, not with used linen
Trolleys	Separate trollies should be used for clean, used and soiled laundry to avoid cross-contamination
Washed items	Washed items only to be washed in dedicated laundry using the correct process

16. Please write the correct letter in each box to match the objects below to the correct disposal/storage method.

A: NEEDLES



B: SOILED CLOTHING

C: CLINICAL WASTE



17. 'Decontamination' covers three key areas; cleaning, disinfecting and sterilisation. Match the correct definition to each key area below:

A: This is a process to remove conditions that are suitable for the growth of bacteria

B

STERILISATION

B: This is a process where all living organisms and spores are destroyed

C

DISINFECTION

C: This is a process that eliminates many or all pathogenic microorganisms on inanimate objects

A

CLEANING

18. What are the two warning symptoms of coronavirus? Please tick correct answers.



A high temperature

A runny nose

A new, continuous cough

A rash

19. Please select the correct advice that should be followed to reduce the risk of catching or spreading coronavirus:

 
yes no

Touch your eyes, nose or mouth if your hands are not clean



Wash your hands with soap and water often – do this for at least 20 seconds



Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze



Put used tissues in the bin immediately and wash your hands afterwards



Have visitors to your home, including friends and family



20. List five groups of people who medical professionals consider are at increased risk of severe illness from coronavirus.

Any five of:

- Aged 70 or older (regardless of medical conditions)
- Under 70 with an underlying health condition listed below (ie anyone instructed to get a flu jab as an adult each year on medical grounds):
 - chronic (long-term) respiratory diseases, such as asthma, chronic obstructive pulmonary disease (COPD), emphysema or bronchitis
 - chronic heart disease, such as heart failure
 - chronic kidney disease
 - chronic liver disease, such as hepatitis
 - chronic neurological conditions, such as Parkinson's disease, motor neurone disease, multiple sclerosis (MS), a learning disability or cerebral palsy
 - diabetes
 - problems with your spleen - for example, sickle cell disease or if you have had your spleen removed
 - a weakened immune system as the result of conditions such as HIV and AIDS, or medicines such as steroid tablets or chemotherapy
 - being seriously overweight (a body mass index (BMI) of 40 or above)
- Those who are pregnant

CQM Fundamentals

Health and Wellbeing

- Activities Provision
 - Autism Awareness
 - COPD
 - Diabetes Awareness
 - Dignity in Care
 - Dysphagia
 - End of Life Care
 - Epilepsy Awareness
 - Huntington's Disease
 - Medication Management
 - Multiple Sclerosis Awareness
 - Oral Health
 - Oral Health for People with a Learning Disability
 - Parkinsons Awareness
 - Pressure Sores Awareness
 - Sepsis Awareness
 - Stroke Awareness
- ## Safeguarding
- Financial Abuse
 - Lone Working
 - Safeguarding Adults (Residential Homes, Domiciliary Care or Health pathways)
 - Safeguarding Children in an Adult Setting
 - Self-Neglect
- ## Behaviour
- Behaviour that Challenges
 - Learning Disability Awareness and Behaviour that Challenges
 - Conflict Management

Health and Safety

- COSHH
- Falls Awareness
- Fire Safety
- Food Safety
- HACCP for Catering
- Health and Safety
- Infection Control
- Legionella Awareness

Administration and Inclusion

- Bullying and Harassment
- Data Protection and Record Keeping
- Equality, Diversity and Inclusion
- Effective Communication and Record Keeping
- GDPR
- Person Centred Care Planning
- Confidentiality in Care
- Professional Boundaries
- Supervision

Mental Health

- Addiction
- Assessing Capacity
- Dementia Awareness
- DoLS
- DoLS in the Community
- DoLS in the Community C&YP
- MCA
- Mental Health
- Mental Health Act 2005
- Stress

- ✓ Satisfy CQC standards
- ✓ Fill knowledge gaps
- ✓ Speak to your manager if you need any of these

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This booklet was written in March 2020.
All information and sources were correct at the time of publication.